

5th CENCO Kata Clinic

Saturday September 28 – Sunday September 29, 2019

USJF Sanction # 19-09-12

Sponsored by:

CENCO Yudanshakai

Clinician: Eiko Shepherd, 8th Dan

- USA Judo National Class A Kata Judge (All 7 Katas)
- USJF Kata Chairperson/USA Judo Kata Vice-Chairperson
- IJF Kata certified (All 5 katas)

This CENCO Kata Clinic will introduce the **Randori-No-Katas** to **Shiai and non-Shiai judokas** to develop a better understanding the concepts of off-balance, fit and execution of judo techniques; and to develop next generation kata instructors and judges.

Schedule=

Saturday: Katame-no-Kata

Registration: **9:30am – 10:00am**

Clinic: 10:00am – 5:00pm

Sunday: Goshin Jitsu

Registration: **12:30pm – 1:00pm**

Clinic: 1:00pm – 5:30pm

Location: Soko Joshi Judo Club

1622 Castro Street

San Francisco, CA 94114

Eligibility: Participants must present current USJF, USJI or USJA membership card. Those without a valid registration will be required to register with USJF or USJA at registration desk to be allowed to participate in the clinic.

Registration fee:

\$75 both days or \$40/day

Cash or check payable to

“CENCO”

For more information please contact Wilina Monar wmjudo@att.net

CENCO Kata Clinic

September 28 – 29, 2019

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Registration Form

Both Day Registration Saturday Only Sunday Only

Fee Collected

Participant's Name

Last

First

Street Address

City

State

Zip

Telephone

Emergency Contact

Emergency Contact Phone

Date of Birth: MM/DD/YY

Age

Sex

Male

Female

Organization

USJF USJA USJI (USA Judo)

Membership #

Expiration Date

Club Name

Yudanshakai (if applicable)

Rank:

If assistance/accommodation is needed:

(check appropriate box)

Vision Loss/Blindness _____ Hearing Loss/Deafness _____

Type of assistance/accommodation requested or name of person assisting

\WARNING!

WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE

In consideration of being permitted to participate in any way, including travel to and from, in any Judo tournament, practice, clinic, and related events and activities (“Activity”) of the **United States Judo Federation, Inc., USA Judo/United States Judo, Inc., United States Judo Association, Inc., Central Coast Judo Yudanshakai, Inc., and the Soko Joshi Judo Club**, I agree:

1. I understand the nature of Judo activities and believe I am qualified to participate in such Activity. I also understand the rules governing the sport of Judo.

2. I further acknowledge that prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions, and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or a tournament official of such conditions and refuse to participate.

3. I acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, illness or disease, including permanent disability or death, and severe social and economic losses due not only to my own actions, inactions or negligence, but also to the actions, inactions, or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.

4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, illness, disease, permanent disability, or death.

5. I hereby release, waive, discharge and covenant not to sue the **United States Judo Federation, Inc., USA Judo/United States Judo, Inc., United States Judo Association, Inc., Central Coast Judo Yudanshakai, Inc., and the Soko Joshi Judo Club**, together with their affiliated clubs, their respective administrators, directors, officers, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, legal guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used in conducting the event, all of whom are hereinafter referred to as "Releasees", from any and all litigation expenses, attorney fees, loss, liability, damage or costs on account of injury, illness, disease, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligent acts or omissions of the Releasees or otherwise to the fullest extent permitted by law.

I HAVE READ THE ABOVE WARNING, WAIVER, AND RELEASE, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/LEGAL GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW. I INTEND THIS TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THAT THE BALANCE, NOTWITHSTANDING SHALL CONTINUE IN FULL FORCE AND EFFECT.

Participant

Participant’s Signature

Date

**FOR PARENTS/LEGAL GUARDIANS OF PARTICIPANTS OF MINORITY AGE
(UNDER AGE 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/legal guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child’s involvement or participation including litigation expenses, attorney fees, loss, liability, damage or costs which may incur as the result of the minor child’s participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

Parent/Legal Guardian

Parent/Legal Guardian’s Signature

Date